

MEAL PLAN

sweetpeasandsaffron.com

Calendar



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WEEK
1

Thai Chicken Meal
Prep Bowls

Thai Chicken Meal
Prep Bowls

Thai Chicken Meal
Prep Bowls

Thai Chicken Meal
Prep Bowls

Leftovers

Snack Bars

Snack Bars

Snack Bars

Snack Bars

Snack Bars

Veggies & Dip

Veggies & Dip

Veggies & Dip

Veggies & Dip

Veggies & Dip

WEEK
2

Taco Salad Bowls

Taco Salad Bowls

Taco Salad Bowls

Taco Salad Bowls

Leftovers

Fruit

Fruit

Fruit

Fruit

Fruit

Snack Box

Snack Box

Snack Box

Snack Box

Snack Box

